

Lunch Menu **OCTOBER 2024**



Monday	Tuesday 10/01/2024	Wednesday 10/02/2024	Thursday 10/03/2024	Friday 10/04/2024
Hamburger - WW Bun - BBQ Lentils - Fresh Fruit - Milk	Arroz con Salchicha (Yellow Rice+ Sausage)- Mixed Veggies- Fresh Fruit - Milk	Chicken Tenders - Buttered Penne Pasta - Mix Vegetables - Fresh Fruit - Milk		Pizza - Green Salad - Fruit Snack - Milk
Monday 10/07/2024	Tuesday 10/08/2024	Wednesday 10/09/2024	Thursday 10/10/2024	Friday 10/11/2024
Chicken Patties - WGR Rice - Lentils - Fresh Fruit - Milk	Meatloaf- WGR Rice- Mix Vegetables -Fresh Fruit - Milk	Chicken Nuggets - WG Rice - Bake Potatoes - Fruit- Milk	Argentina Beef empanada - Mixed Vegetables- Fruit Snack - Milk	Pizza - Green Salad - Fruit Snack - Milk
Monday 10/14/2024	Tuesday 10/15/2024	Wednesday 10/16/2024	Thursday 10/17/2024	Friday 10/18/2024
Hot Dog-WW Bun- Spanish Chickpeas - Fresh Fruit -Milk	Meat Sauce- WGR Polenta- Carrots - Fresh Fruit - Milk	KFC Famous Bowl Pocom Chicken-Mashed Potatoes- Fresh Fruit - Milk	<i>Breaded fish stick- WGR Rice- Mix Vegetables- Fresh Fruit - Milk</i>	<i>Pizza - Green Salad - Fruit Snack - Milk</i>
Monday 10/21/2024	Tuesday 10/22/2024	Wednesday 10/23/2024	Thursday 10/24/2024	Friday 10/25/2024
Hamburger - WW Bun - BBQ Lentils - Fresh Fruit - Milk	Arroz con Salchicha (Yellow Rice+ Sausage)- Mixed Veggies- Fresh Fruit - Milk	Chicken Tenders - Buttered Penne Pasta - Mix Vegetables - Fresh Fruit - Milk	Taco Thursday: Taco Bowl: Ground Beef, WG Rice, Black Beans - Fresh Fruit - Milk	Pizza - Green Salad - Fruit Snack - Milk
Monday 10/28/2024	Tuesday 10/29/2024	Wednesday 10/30/2024	Thursday 10/31/2024	Friday 11/01/2024
Chicken Patties - WGR Rice - Lentils - Fresh Fruit - Milk	Meatloaf- WGR Rice- Mix Vegetables -Fresh Fruit - Milk	Chicken Nuggets - WG Rice - Bake Potatoes - Fruit- Milk	Argentina Beef empanada - Mixed Vegetables- Fruit Snack - Milk	Pizza - Green Salad - Fruit Snack - Milk

South Broward Montessori Charter School. 954- 251.1443. **PAYMENT due,**

Student Name: _____ Teacher: _____ Cash/Credit Received: \$ _____

Full/Reduced (circle one). Submit form ONLY if you are paying full or reduced-price lunch.

REDUCED \$0.40 FULL \$3.80